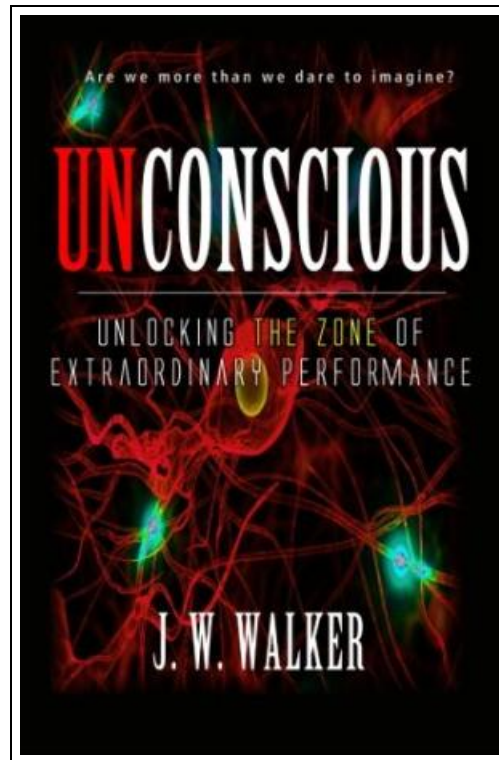


## Unconscious: Unlocking the Zone for Extraordinary Performance (Paperback)



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### **Reviews**

*An extremely wonderful book with perfect and lucid explanations. This really is for those who stutte that there had not been a worth reading. Your way of life span will be convert when you comprehensive reading this book.  
(Effie Douglas)*

## UNCONSCIOUS: UNLOCKING THE ZONE FOR EXTRAORDINARY PERFORMANCE (PAPERBACK)



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J. W. Walker, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A journey into The Zone region.Science? Perhaps, Fiction? No, SUPER Natural? Yes!How could a 120 lb. woman lift an automobile? A 3 year old child prodigy read a book; or a 5 year old master the piano?A man who never went to college suddenly become a genius in geometry?An athlete, defy gravity?And some people instantly know things they never learned?Both UNCONSCIOUS and The Zone refer to the same phenomenon. Walker argues: these terms emphasize the involuntary aspect of these events: the individual is-in fact-not consciously controlling their performance. They are being carried to the level of their maximum performance potential. Throughout the book Walker argues that this phenomenon points to latent human potential, and is (like most of life) essentially involuntary: Although it appears in some cases to be triggered by the individual himself, giving hope to all who would desire access. If you find interesting, books like Gladwell s Blink and Outliers, ideas such as the unconscious mind, discussions on just how our brain s operate, and you re not afraid to consider spiritual as well as scientific explanations, then this book is for you. When it comes to the idea of greatness, are there the haves and the have-nots, as some suggest and others fear? Or is there a common, generally untapped region, situated somewhere within the pre-frontal cortex of every human brain, (that area which separates us from all other intelligent forms of life)? Are we more than we dare to imagine? Are those brief periods, we often witness, of extraordinary, transcendent, super human feats, a peak into man s latent potential? Are we all welcome into this Zone of transcendence, or is it reserved for the privileged...



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