



## 5 Steps to a Healthy & Positive Childhood

By Anjali Arora

Sterling Publishers Pvt.Ltd. Paperback. Book Condition: new. BRAND NEW, 5 Steps to a Healthy & Positive Childhood, Anjali Arora, Childhood brings visions of innocence and mischief. Prior knowledge of various aspects of childhood can help parents guard the child from developing major health problems. This book provides a plethora of information on child-related issues ranging from breastfeeding, nappy changing, vaccination regimen, potty training to language and speech training. Also dealt with are childhood ailments and their treatment. Light is also shed on relevant issues like puberty changes and adolescent demands.



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