

Medical Statistics of the United States Frigate Potomac, Commodore John Downes, Commander, During a Three Years Voyage Circumnavigating the Globe (Classic Reprint) (Paperback)



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MEDICAL STATISTICS OF THE UNITED STATES FRIGATE POTOMAC, COMMODORE JOHN DOWNES, COMMANDER, DURING A THREE YEARS VOYAGE CIRCUMNAVIGATING THE GLOBE (CLASSIC REPRINT) (PAPERBACK)



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Forgotten Books, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Excerpt from Medical Statistics of the United States Frigate Potomac, Commodore John Downes, Commander, During a Three Years Voyage Circumnavigating the Globe When we compare the health of the crew of the Potomac with that of early circumnavigators, the increased health of ships companies at sea will be found truly surprising. Lord Anson sailed from England with eight vessels and one thousand nine hundred and eighty souls; and out of these, only a single ship s company, the Centurion, performed her voyage of circumnavigation. The early Spanish and Dutch navigators were equally unfortunate, and whole crews perished from the scurvy, -a disease which has been almost exterminated in modern days. The great improvements in marine police, first adopted by Captain Cook during his voyages of discovery, among which was the introduction of the hammock for all on board, have benefited navigators as much as his geographical discoveries; but his vessels were small, which are always more healthy than large ones; his crews, at the same time, were in a constant state of excitement, anxiously looking forward toward the discoveries which they were constantly making; and they were also satisfied that they would receive a handsome reward and awarm reception, upon their return home. These precautions, in conjunction with cheerfulness and cleanliness, constitute the only good prophylactics on board ship. About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at This book is a reproduction of an important historical work. Forgotten Books uses state-of-the-art technology to digitally reconstruct the work, preserving the original format whilst repairing imperfections present in the aged copy. In rare cases, an imperfection in the original, such as a blemish or missing page,...

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