



## Menopause: Health Solutions

By Savitri Ramaiah

Sterling Publishers Pvt.Ltd. Paperback. Book Condition: new. BRAND NEW, Menopause: Health Solutions, Savitri Ramaiah, Menopause is a natural process and not a disease. This book will help dissipate all apprehensions about menopause. It focuses on the basic facts of menopause, the management of some of its troublesome symptoms and its effect on the various other organs and systems of the body. There are also tips given to deal with several health problems that may ensue after menopause.



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