



Get-Real Vegan Desserts: Vegan Recipes for the Rest of Us

By William Maltese

Borgo Press. Paperback. Condition: New. 186 pages. Dimensions: 8.8in. x 6.0in. x 0.6in. For those who practice veganism--eating neither meat nor other animal products, such as fish, milk and milk products, eggs, and honey--here is a simple, realistic cook- and recipe dessert book for busy parents, those new to a vegan diet, people with egg or dairy allergies, folks watching their cholesterol, and traditional foodies who would consider going vegan if only it weren't so intimidating. Kyle Domer (aka Vegan Vagrant) says: This is a party on paper! These recipes take the hassle out of guilt-free dessert decadence. Reginald Beck (Fearless Bread) states: It lives up to its title by providing REAL dessert classics with a vegan attitude. Maltese and Wright set the standard for vegan dessert recipes, from their heavenly spice cake to their decadent peanut butter Smores cheesecake. Victor J. Banis (The Pot Thickens) adds: These two published authors prove themselves as adept with pots as they are with plots. Here, they conjure my favorite course dessert with mouth-watering vegan panache. Well-known author A. B. Gayle notes: GET-REAL VEGAN DESSERTS isn't just for vegans but for friends and relatives of vegans who hesitate to invite, not knowing what to feed. Apart...



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