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## Amazing Illustrations-Mechanical Starbursts: An Adult Coloring Book (Paperback)

By Timothy L Worachek

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This is a coloring book of mechanical images, all original, hand drawn using a very fine point black marker, and my imagination. They combine many different images of components found in plumbing, electrical, technology, mechanical, electronics, carpentry, and automotive, surgical instruments-The Da Vinci Robot, music, tools, equipment, inventions, industrial and many others. This Book Features Mechanical Starbursts. This is a simple and inexpensive way to relieve stress is by coloring images, which can be soothing. Some even consider it an alternative to stressors, ultimately aiding in reversing the effects of anxiety. Refocusing your attention on something completely different to engage in a mental, physical, and emotional shift can help break the pattern of consistent stress and allow one to rejuvenate. All designed to help you unplug and unwind at the end of each day. Artists can explore the benefits of putting color to paper and channel their day-to-day stresses into a satisfying, creative environment. Amazing Illustrations is the perfect way for mechanical, science fiction and illusion lovers to step back from the stress of everyday life, color, imagine and relax!.



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### Reviews

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