



## Herbal Remedies: 11 Little Known Herbal Remedies to Treat and Prevent the Common Cold

By Jason Alan

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Discover All You Need To Know From Start To Finish About Herbal Remedies! BONUS - Get Your Free 10,000 Word Report on 55 Power Habits 11 Little Known Herbal Remedies To Treat And Prevent The Common Cold With the temperature dropping, winter brings along incessant sniffing, sneezing and coughing - yes, the notorious common cold is back with a bang yet again. When you sense its arrival, the first thing you do is google for some instant remedy that will help you get over it quickly. While there are innumerable amounts of information, present online, separating myths from what really works for you is quite difficult. Further, you are sure to be bombarded with well-meant but confusing advice from everyone you encounter. And there are the readily available over the counter remedies and alternative medications that promise instant cure. So what do you do? Most often people try out different kinds of treatments right from taking supplements and hot drinks to gargling salt water and taking the popular cold medicines available without prescription. But how far these are...



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