



## Your Daughters Bedroom Insights for Raising Confident Women

By Joyce T. McFadden

Palgrave Macmillan Trade. Hardcover. Condition: New. 240 pages. Dimensions: 9.3in. x 6.1in. x 1.0in. Your Daughters Healthy Identity Starts With You After psychoanalyst Joyce McFadden treated countless women who felt alone and isolated in experiences that they were unaware many other women were dealing with too, she began to ask what she could do to help them reach out to each other. The result was the launch of her Womens Realities Study in which she interviewed hundreds of women from ages 18-105, about the most private issues as she sought to understand what events in a womans life impact her future happiness and self-confidence. What McFadden found was truly revealing the theme that most interested them as they explored their identities was how their relationship with their mothers influenced their understanding of themselves as sexual beings throughout their lives from the time they were little girls straight through adulthood. Drawing on over a thousand responses, Your Daughters Bedroom offers a new and unprecedented look at the mother-daughter bond. McFadden argues that the type of womanhood mothers model for their daughters determines the young girls comfort with their own bodies which, in turn, leads to confidence and satisfaction later in life. From the most...



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