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LA COCINA MEXICANA: MANY CULTURES, ONE CUISINE (HARDBACK)



University of California Press, United States, 2012. Hardback. Condition: New. Language: English . Brand New Book. After thirty years of leading culinary tours throughout Mexico, Marilyn Tausend teams up with Mexican chef and regional cooking authority Ricardo Muñoz Zurita to describe how the cultures of many profoundly different people combined to produce the unmistakable flavors of Mexican food. Weaving engrossing personal narrative with a broad selection of recipes, the authors show how the culinary heritage of indigenous groups, Europeans, and...

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- Authored by Marilyn Tausend
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