



## Mighty Mites: Youth Soccer Session Plans and Methodology for U4-U8

By Chris Castell

Meyer Meyer Sport (UK) Ltd, United Kingdom, 2014. Paperback. Book Condition: New. 229 x 155 mm. Language: English . Brand New Book. Mighty Mites is a complete guide for parents, coaches, and club officials on how to teach soccer efficiently to players in the U4-U8 age range as we combine soccer with story time. Mighty Mites uses what we know about children and infuses this with youth soccer. Through stories, we engage young players in youth soccer and accomplish more than most would believe possible in skill development. This simple approach helps coaches accomplish more, while keeping every player engaged as they all have more fun than imaginable. The book includes sample session plans and a guide on how to create sessions, all you need to run a complete season, not only for a parent volunteer, but for club officials looking for programming throughout their organization.



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