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Life's Missing Instruction Manual : The Guidebook You Should Have Been Given at Birth

By Vitale, Joe

Wiley, 2006. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Foreword by Gay Hendricks, Ph.D.Acknowledgments.INTRODUCTION: HOW TO USE THIS MANUAL.Introduction.YOU: CONGRADULATIONS ON YOUR LIFE. Your Point of Power Is Now."I Wish I Had Learned." by Jim Edwards.You Can Be Happy Now.Life Doesn't Have to Be Hard.You Are Behind Your Eyes.Your Feelings Are Hidden Thoughts.Everything Is Energy Directed by Your Thoughts.You Can't Stop Your Thoughts but You Don't Have to Listen to Them, Either.Everything Is a Projection from inside You.Your nature is your current act.How to Know What You Want.You Get More of Whatever You Focus on.Whatever You Say After 'I Am' Defines Who You Become.What You Love or What You Hate Will Be Drawn to You.Your Body Requires No Assembly."Great Hair, Great Day".Your Memory Will Never Be Accurate.Love.Sex.Food.Exercise ."Three Life Lessons I Wish I Had Learned Earlier" By Dr. Paul Hartunian.INTERNAL CAPABILITIES: UNDERSTANDING YOUR LIFE'S POTENTIAL."Anything Is Possible".You Create Your Future with a Pen.Achieve Your Goals Is Easy.Your Mind Operates under Its Own Conception.How to Feel Better in 1 Minute.A Smile Is Universally Understood.Exercise: Laugh Like a Child with Milk Coming Out Your Nose.Your Language Can Create Attractors.Behind Every Behavior Is a Belief."Reclaim Your...



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