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## Soul Comfort for Cat Lovers: Coping Wisdom for Heart and Soul After the Loss of a Beloved Feline

By Liz Eastwood

Sparkletonic Books. Paperback. Book Condition: New. Paperback. 132 pages. Dimensions: 8.3in. x 5.5in. x 0.4in. . . more than just another book on pet loss. Reading this book is like talking to a friend who knows you almost better than you know yourself. . . it doesnt stop at just helping you through the grief. . . it will help you find an even deeper connection to your lost loved ones. - Ingrid King, ConsciousCat. net, author of Buckleys Story and Purrs of Wisdom If the loss of a feline friend has hit you particularly hard, know you are not alone. In Soul Comfort for Cat Lovers, you will find validation, coping insights, and practical wisdom conveyed with spiritual warmth. Liz Eastwood, CNC weaves her own experiences with advice from grief experts and stories from cat lovers to help you: process your feelings and recognize them as normal create something positive out of the energy of grief cultivate a continued sense of connection to your cat deal with inconvenient grief strengthen your natural coping chemistry This book also explores evidence of the most soulful of soul comforts: the possibility of the continuation of your loved ones spiritand your connection to...

### Reviews

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