

Instructional Golf Book: The R.K. Way (Paperback)



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Reviews

Most of these pdf is the best ebook offered. It is probably the most remarkable book i actually have study. Your life period will be transform as soon as you complete reading this pdf.

(Albertha Champlin)

INSTRUCTIONAL GOLF BOOK: THE R.K. WAY (PAPERBACK)



Trafford Publishing, Canada, 2006. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This golf book contains teaching instructions on all phases of golf play. The Full Swing Chipping Sand Play Putting Teaching instructions are named the R.K. Way - the right knee is the key to obtaining maximum power with direction using the right knee key and the lower body. R.K. golf also helps prevent injuries from the golf swing. There are many pictured illustrations in this book to show you how to play golf the RK way. The book lists credentials obtained by my father and I as a result of using the RK method to play golf. Credential highlights over 120 golf tournaments won by my father and I combined, using the RK way. I recorded over 500 scores in the 60s. My father at age 82 is still playing injury free golf everyday and shoots his age many times - currently over 400 times. Although the important chapters in this Golf Book present the essentials of a sound golf game played the RK way. There are other chapters which present Father and Son thoughts on golf. These are listed: Our perspective on playing golf - showing how playing golf can be a plus in life emotionally as well as physically, relieving life s tensions and pressure. Physical and mental requirements needed for the golf game. The influence of TV (good and bad) on golf playing for amateurs. Golf course aesthetic values. Our golfing histories - important in understanding the value of golf in our lives throughout the years. Have fun playing golf!.



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