



## The Art of Christmas: Quotes, Inspiration and Insight: A Coloring Book Journal for Adults

By Brittain Joy Cephas

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 280 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Art of Design series is such a success I decided to create The Art of Christmas. How to Use This Book The Art of Christmas serves two purposes. One is to help you make a daily practice of finding hoping in every situation. The other is to unwind by expressing your creativity through coloring. In your daily journal take the time to go through your day and reflect on what makes you happy during the holidays. Every year there are special memories that make the particular holiday special to you. If you look back to your childhood and remember how you wiled the hour s away coloring; it was and still is very cathartic. There are 63 journal pages, one for each day for two months. A full page to write whatever and wherever you find holiday cheer; the opposite page is for you to color the beautiful holiday art into reality while relaxing the time away. Enjoy this very special time with The Art of Christmas coloring journal!.



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