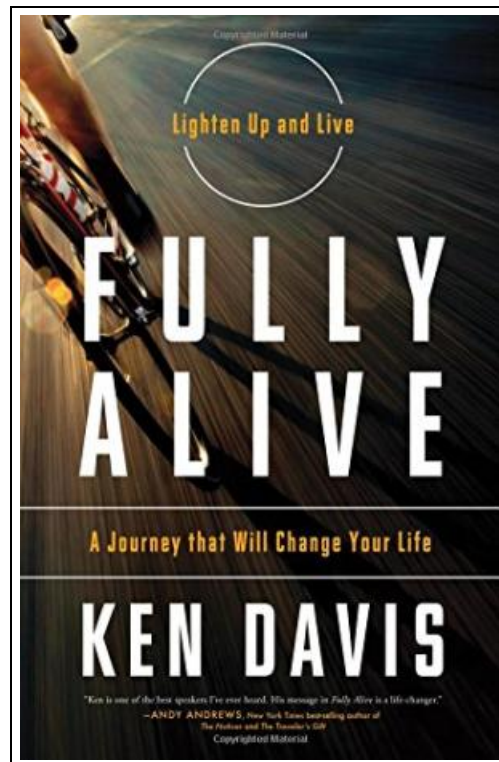


Fully Alive: Lighten Up and Live - A Journey that Will Change Your Life



Filesize: 5.25 MB

Reviews

It is in one of the most popular publications. It is actually written in easy words instead of confusing. You will like how the author created this book.

(Art Gislason)

FULLY ALIVE: LIGHTEN UP AND LIVE - A JOURNEY THAT WILL CHANGE YOUR LIFE



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Thomas Nelson, 2012. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: "The glory of God is man fully alive." - St Irenaeus That's exactly how you were wired to live. Yet sadness, depression, and feelings of apathy and helplessness often characterize your life. You survive but not thrive. This book is a treasure map that leads from monotony to adventure, from boring mediocrity to thrilling risk. Here are detailed directions to take hold of the power to live the kind of life you were created for and your soul longs for. Fully Alive uncovers signs of life that lead to physical, mental, social, and spiritual empowerment in Christ. - Discover the adventure hiding in the middle of the mundane. - Exchange the pain of unmet expectations for the joy of living with expectancy. - Get unstuck and take the first step that leads to a new body, mind, and spirit. - Kick guilt to the curb and experience real freedom. - Drive a stake into the heart of your everyday fears and dare to live again. - Tap into a power that will protect you whether you're crawling through the valley or standing on the mountaintop. Henry David Thoreau is credited with saying, "Most men live lives of quiet desperation." Not you! Not today! Not ever!.



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